

The Senior

- does not have regular visitors who may observe and report on status or condition
- is unable to safely rise from a bed or chair or walk up and down stairs in the home
- has bruises and scrapes from possible falls, which are minimized or unreported
- is not taking or refilling medications on schedule (pill bottles are empty before their refill date, reminder containers are still full, senior cannot explain their medication schedule)
- has unopened mail or is receiving an increased amount of overdue notices for bills
- forgets or is unable to bathe, dress and groom themselves (dresses inappropriately for the weather, clothing is stained or may have been worn for several days)
- has newspapers, magazines and other clutter accumulating beyond their normal standard of tidiness
- has changed their standard of cleanliness (dishes undone, garbage not removed, spoiled food in the refrigerator, toilets not flushed)
- is unable to open windows, operate fans, air conditioners or thermostats
- is unable to prepare daily nutritious meals, limited by shopping and cooking abilities; unable to arrange meal delivery
- is not able to identify a plan for summoning emergency or non-emergency assistance
- does not participate in outside activities and socialization
- does not have access to dependable transportation